



## Ingredient and Sensitivity Guide Summer 2025

Please know that our kitchens are not allergen-free. This is a reference guide of low risk items for people with sensitivities. Trace amounts of allergens may be found in our products and those produced in outside facilities.

**IMPORTANT - OUR FRYER OIL IS SHARED - PLEASE INFORM YOUR SERVER IN CASE OF SEVERE ALLERGIES**

| <b>PEANUT / TREE NUT</b> | <b>GLUTEN</b>                      | <b>DAIRY</b>                   | <b>FISH / SHELLFISH</b>            |
|--------------------------|------------------------------------|--------------------------------|------------------------------------|
| <b>STARTERS</b>          | <b>STARTERS</b>                    | <b>STARTERS</b>                | <b>STARTERS</b>                    |
| ALL STARTERS             | PARMESAN FRIES<br>CAPRESE BITES    | MINI MEATBALLS<br>FRENCH FRIES | PARMESAN FRIES<br>CAPRESE BITES    |
| <b>SALADS</b>            | GARLIC SHRIMP                      | no parmesan                    | MEATBALLS                          |
| ALL SALADS               | no toast                           | DUMPLINGS                      | PIEROGI<br>SCHOOL SNACKS           |
| <b>SOUPS</b>             | <b>SALADS</b>                      | <b>SALADS</b>                  | <b>SALADS</b>                      |
| ALL SOUPS                | BISTRO SALAD<br>FAB SALAD          | ALL SALADS                     | BISTRO SALAD<br>FAB SALAD          |
| <b>SANDWICHES</b>        | CAESAR SALAD                       | no cheese                      |                                    |
| ALL SANDWICHES           | no pangrattata                     | <b>SOUPS</b>                   | <b>SOUPS</b>                       |
| <b>CLASSICS</b>          | <b>SOUPS</b>                       | STRAIGHT UP TOMATO             | STRAIGHT UP TOMATO                 |
| ALL CLASSICS             | ALL SOUPS                          | <b>SANDWICHES</b>              | SUNSET CORN<br>MUSHROOM MEDLEY     |
| <b>SIDES</b>             | no side bread                      | CHICKEN PESTO                  |                                    |
| ALL SIDES                | <b>SANDWICHES</b>                  | no parmesan                    | <b>SANDWICHES</b>                  |
| <b>DESSERTS</b>          | <b>COMFORT FOOD</b>                | TUNA BANH MI                   | GOOEY GRILLERS<br>DOS DIABLOS      |
| ALL DESSERTS             | BEEF BOURGUIGNON<br>BUTTER CHICKEN | BBQ PORK                       | CHICKEN PESTO<br>BBQ PORK          |
|                          | no naan                            | <b>COMFORT FOOD</b>            |                                    |
|                          | KENTUCKY BURGEOO                   | BEEF BOURGUIGNON               | <b>COMFORT FOOD</b>                |
|                          | no biscuits sub rice               | no mash                        | FRENCH ONION<br>MAC + CHEESE       |
|                          | JAMBALAYA                          | KENTUCKY BURGEOO               | BEEF BOURGUIGNON<br>BUTTER CHICKEN |
|                          | BOUILLABAISSE                      | no cheese / no biscuits        | JAMBALAYA                          |
|                          | no crouton                         | JAMBALAYA                      | no prawns                          |
|                          | <b>SIDES</b>                       | BOUILLABAISSE                  | KENTUCKY BURGEOO                   |
|                          | MASHED POTATOES                    | <b>SIDES</b>                   |                                    |
|                          | BASMATI RICE                       | BASMATI RICE                   | <b>SIDES</b>                       |
|                          | <b>DESSERTS</b>                    |                                | ALL SIDES                          |
|                          | CHOCOLATE MOUSSE                   |                                | <b>DESSERTS</b>                    |
|                          | ICE CREAM                          |                                | ALL DESSERTS                       |
|                          | CHEESECAKE                         |                                |                                    |
|                          | no graham crumbs                   |                                |                                    |

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| <b>GARLIC</b>       | <b>ONION</b>             | <b>SOY</b>          | <b>EGG</b>          |
|---------------------|--------------------------|---------------------|---------------------|
| <b>STARTERS</b>     | <b>STARTERS</b>          | <b>STARTERS</b>     | <b>STARTERS</b>     |
| PARMESAN FRIES      | PARMESAN FRIES           | PARMESAN FRIES      | PARMESAN FRIES      |
| no pesto mayo       | no pesto mayo            | no pesto mayo       | no pesto mayo       |
| <b>DUMPLINGS</b>    |                          | PIEROGI             | PIEROGI             |
| sub soy sauce       | <b>SALADS</b>            | SCHOOL SNACKS       | MEATBALLS           |
|                     | BISTRO SALAD             | GARLIC SHRIMP       | SCHOOL SNACKS       |
| <b>SALADS</b>       | no onion                 | no saffron aioli    | GARLIC SHRIMP       |
| FAB SALAD           | sub balsamic / olive oil | BRIE FONDUE         | no saffron aioli    |
|                     | FAB SALAD                |                     | DUMPLINGS           |
| <b>SANDWICHES</b>   | no onion                 | <b>SALADS</b>       | BRIE FONDUE         |
| GOOEY GRILLERS      | sub balsamic / olive oil | BISTRO SALAD        |                     |
| TUNA BANH MI        |                          | FAB SALAD           | <b>SALADS</b>       |
| no sweet chili soy  | <b>SANDWICHES</b>        |                     | BISTRO SALAD        |
|                     | GOOEY GRILLERS           | <b>SOUPS</b>        | FAB SALAD           |
| <b>COMFORT FOOD</b> | TUNA BANH MI             | ALL SOUPS           |                     |
| MAC + CHEESE        | no sweet chili soy       |                     | <b>SOUPS</b>        |
| no pangratatta      |                          | <b>SANDWICHES</b>   | ALL SOUPS           |
|                     | <b>COMFORT FOOD</b>      | GOOEY GRILLERS      |                     |
| <b>SIDES</b>        |                          | DOS DIABLOS         | <b>SANDWICHES</b>   |
| BISCUITS            | <b>SIDES</b>             | CHICKEN PESTO       | GOOEY GRILLERS      |
| SIDE MAC + CHEESE   | MASHED POTATOES          |                     | DOS DIABLOS         |
| no pangratatta      | no chives                | <b>COMFORT FOOD</b> | BBQ PORK            |
| MASHED POTATOES     | BISCUITS                 | FRENCH ONION        | <i>no coleslaw</i>  |
|                     | no herb butter           | MAC + CHEESE        | CHICKEN PESTO       |
| <b>DESSERTS</b>     |                          | <i>no carnitas</i>  |                     |
| ALL DESSERTS        | <b>DESSERTS</b>          | BEEF BOURGUIGNON    | <b>COMFORT FOOD</b> |
|                     | ALL DESSERTS             | BUTTER CHICKEN      | FRENCH ONION        |
|                     |                          | JAMBALAYA           | MAC + CHEESE        |
|                     |                          | KENTUCKY BURGEOO    | BEEF BOURGUIGNON    |
|                     |                          | BOUILLABAISSSE      | BUTTER CHICKEN      |
|                     |                          | <i>no rouille</i>   | JAMBALAYA           |
|                     |                          |                     | KENTUCKY BURGEOO    |
|                     |                          | <b>SIDES</b>        | BOUILLABAISSSE      |
|                     |                          | ALL SIDES           | <i>no rouille</i>   |
|                     |                          |                     |                     |
|                     |                          | <b>DESSERTS</b>     | <b>SIDES</b>        |
|                     |                          | ALL DESSERTS        | ALL SIDES           |
|                     |                          |                     |                     |
|                     |                          |                     | <b>DESSERTS</b>     |
|                     |                          |                     | CHOCOLATE MOUSSE    |
|                     |                          |                     | CHEESECAKE          |

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| <b>VEGAN</b>  | <b>VEGETARIAN - OVL</b>   | <b>PESCATARIAN - OVL</b>  |
|---|---|---|
| <b>STARTERS</b>   | <b>STARTERS</b>   | <b>STARTERS</b>   |
| PARMESAN FRIES<br><i>no parmesan no mayo</i>              | PARMESAN FRIES<br>CAPRESE BITES<br>PIEROGIES<br><i>no sausage</i> | PARMESAN FRIES<br>CAPRESE BITES<br>PIEROGIES<br><i>no sausage</i> |
| <b>SALADS</b>   | <b>SALADS</b>   | <b>SALADS</b>   |
| BISTRO SALAD  | SCHOOL SNACKS<br>BRIE FONDUE                                      | SCHOOL SNACKS<br>GARLIC SHRIMP<br>FONDUEMENTALE                   |
| <b>SANDWICHES</b>   | <b>SANDWICHES</b>   | <b>SANDWICHES</b>   |
| <b>SOUPS</b>  | BISTRO SALAD  | BISTRO SALAD<br>CAESAR SALAD                                      |
| STRAIGHT UP TOMATO  | <b>SOUPS</b>  | <b>SOUPS</b>  |
| <b>COMFORT FOOD</b>                                       | STRAIGHT UP TOMATO<br>MUSHROOM MEDLEY                             | STRAIGHT UP TOMATO<br>LOBSTER BISQUE<br>MUSHROOM MEDLEY           |
| KENTUCKY BURGOO<br><i>no cheese sub rice for biscuits</i> | <b>SANDWICHES</b>   | <b>SANDWICHES</b>   |
| <b>SIDES</b>  | GOOEY GRILLERS  | GOOEY GRILLERS<br>TUNA BANH MI                                    |
| BASMATI RICE<br><i>no butter</i>                          | <b>COMFORT FOOD</b>   | <b>COMFORT FOOD</b>   |
| <b>DESSERTS</b>   | MAC + CHEESE<br>KENTUCKY BURGOO                                   | MAC + CHEESE<br>KENTUCKY BURGOO                                   |
|   | <b>SIDES</b>  | <b>SIDES</b>  |
|   | ALL SIDES   | ALL SIDES   |
|   | <b>DESSERTS</b>   | <b>DESSERTS</b>   |
|   | ALL DESSERTS  | ALL DESSERTS  |

F = FLOUR G = GARLIC D = DAIRY S = SEAFOOD N = NUTS \*TG = TRACE GLUTEN

|                    |                     |                      |                      |
|--------------------|---------------------|----------------------|----------------------|
| <b>BISCUITS</b>    | <b>FRENCH FRIES</b> | <b>GARLIC SHRIMP</b> | <b>BRIE FONDUE</b>   |
| <b>D F</b>         |                     | <b>G S</b>           | <b>D</b>             |
| FLOUR              | POTATOES SALT       | PRAWNS GARLIC        | GARLIC HONEY         |
| MARGARINE          | RICE FLOUR STARCH   | GRAPE TOMATO         | BRIE WHITE WINE      |
| BAKING POWDER      | BAKING POWDER       | OLIVE OIL CHILI SALT | CREAM CHEESE         |
| CHEDDAR MIX        | VEGETABLE OIL       | SMOKED PAPRIKA       | APPLE JUICE          |
| SALT PEPPER        | SUGAR XANTHAN GUM   | <i>FINISH F</i>      | SALT PEPPER          |
| BUTTERMILK         | <i>FINISH</i>       | HOUSE BREAD          | WHIPPING CREAM       |
| <i>FINISH</i>      | PARMESAN PARSLEY    | HERB BUTTER          | CORNSTARCH           |
| HERB BUTTER        | PESTO MAYO          | ROUILLE PARSLEY      | <i>FINISH F</i>      |
|                    |                     | LEMON                | HOUSE BREAD          |
| <b>HERB BUTTER</b> | <b>PESTO MAYO</b>   | <b>ROUILLE</b>       | APPLES GRAPES        |
| <b>D</b>           |                     | <b>G</b>             | CHERRY TOMATOES      |
| BUTTER BASIL       | MAYONNAISE          | ROAST RED PEPPER     |                      |
| PARSLEY CHIVES     | HOUSE PESTO         | MAYONNAISE           | <b>CAPRESE BITES</b> |
|                    |                     | LEMON JUICE          | <b>D</b>             |
|                    |                     | GARLIC SAFFRON       | BOCCONCINI           |
|                    |                     |                      | GRAPE TOMATOES       |
|                    |                     |                      | HERB OIL BASIL       |
|                    |                     |                      | BALSAMIC SYRUP       |

|                        |                              |                         |                        |
|------------------------|------------------------------|-------------------------|------------------------|
| <b>DUMPLINGS</b>       |                              | <b>CHICKEN KARAAGE</b>  |                        |
| <b>F G S</b>           |                              | <b>F G D S</b>          | <b>MINI MEATBALLS</b>  |
| DUMPLINGS              | <b>PIEROGI</b>               | CHICKEN KARAAGE         | <b>F G</b>             |
| SWEET CHILI SOY        | <b>F D G</b>                 | KATSU CURRY MAYO        | MEATBALLS CHERRIES     |
| SESAME CHILI CRUNCH    | PIEROGI DUMPLINGS            | LIME CHIVES             | HOUSE BBQ SAUCE        |
| PICKLED VEGGIES        | SMOKED SAUSAGE               |                         | VEG STOCK CHIVES       |
| CHIVES                 | GRAINY MUSTARD BUTTER        | <b>CHICKEN KARAAGE</b>  |                        |
|                        | SOUR CREAM CHIVES            | <b>F G D</b>            | <b>MEATBALLS</b>       |
| <b>DUMPLINGS</b>       | <b>PIEROGI DUMPLINGS</b>     | CHICKEN THIGH           | <b>F G</b>             |
| <b>F S</b>             | <b>F D G</b>                 | FLOUR OIL SUGAR         | GROUND BEEF GARLIC     |
| PORK SHRIMP            | FLOUR POTATO                 | SALT PEPPER SOY         | BREADCRUMBS SOY        |
| SESAME OIL SUGAR       | CHEDDAR VEG OIL              | GINGER EGG SPICES       | SUGAR SALT SPICES      |
| SALT PEPPER MSG        | SALT ANNATO                  | CORN STARCH MILK        | PRESERVATIVES          |
| WHEAT FLOUR            |                              | ONION GARLIC            |                        |
| <b>SWEET CHILI SOY</b> | <b>GRAINY MUSTARD BUTTER</b> | SHORTENING              | <b>HOUSE BBQ SAUCE</b> |
| <b>G</b>               | <b>D</b>                     | PRESERVATIVES           | <b>G</b>               |
| SWEET CHILI SAUCE      | BUTTER                       | <b>KATSU CURRY MAYO</b> | ONION GARLIC           |
| SOY SAUCE              | GRAINY DIJON MUSTARD         | <b>S</b>                | COFFEE KETCHUP         |
| RICE WINE VINEGAR      | MARJORAM CHIVES              | MAYO KETCHUP            | SOY SAUCE MOLASSES     |
| <b>CHILI CRUNCH</b>    | <b>SMOKED SAUSAGE</b>        | SOY SAUCE WORCESTER     | RED WINE VINEGAR       |
| <b>F</b>               |                              | LEMON SUGAR             | CHIPOTLE PUREE         |
| SESAME SEEDS CHILI     | PORK SALT SPICES             | GARAM MASALA            | BROWN SUGAR            |
| ONION WHEAT FLOUR      | BROWN SUGAR SMOKE            | TURMERIC                | CHILI POWDER           |
| SALT SUGAR VEG OIL     |                              |                         | PEPPER SALT            |

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| <b>TOMATO SOUP</b>  | <b>LOBSTER BISQUE</b>   | <b>SUNSET CORN</b>   | <b>MUSHROOM MEDLEY</b>   |
|---|---|--|--|
| <b>G</b>  | <b>G D S</b>  | <b>G D</b>   | <b>G D</b>   |
| TOMATO<br>ROMA TOMATO<br>RED ONION<br>GARLIC<br>TOMATO PASTE<br>BROWN SUGAR<br>RED WINE VINEGAR<br>OLIVE OIL<br>SALT PEPPER<br>RED WINE<br><i>FINISH F D</i><br>OLIVE OIL<br>HOUSE BREAD<br>HERB BUTTER | OLIVE OIL<br>WHITE ONION<br>YAMS CELERY GARLIC<br>RED PEPPERS<br>WHITE WINE<br>TOMATO PASTE<br>LOBSTER BASE<br>FENNEL SEED<br>SALT PEPPER<br>WHIPPING CREAM<br>LOBSTER MEAT<br>PARSLEY BASIL<br><i>FINISH F D</i><br>PARSLEY<br>LEMON WEDGE<br>HOUSE BREAD<br>HERB BUTTER | CHICKEN BREAST<br>CHIPOTLE PASTE<br>CORN<br>WHITE ONION<br>GREEN ONION<br>YAMS GARLIC<br>CHICKEN STOCK<br>OREGANO<br>SALT CUMIN<br>TURMERIC<br>WHIPPING CREAM<br>CILANTRO<br><i>FINISH F D</i><br>CHIVES<br>SOUR CREAM<br>LIME WEDGE<br>HOUSE BREAD<br>HERB BUTTER | BUTTER<br>WHITE ONION<br>CELERY GARLIC<br>BUTTON MUSHROOM<br>OYSTER MUSHROOM<br>PORTOBELLOS<br>SHIITAKE MUSHROOM<br>WHIP CREAM<br>VEG STOCK<br>WHITE WINE<br>DRY THYME<br>SALT PEPPER<br>FRESH PARSLEY<br>GREEN ONION<br>TRUFFLE OIL<br><i>FINISH F D</i><br>PARSLEY<br>HOUSE BREAD<br>HERB BUTTER |

| <b>BRIOCHE BUNS</b>   | <b>CIABATTA BREAD</b>          | <b>HOUSE BREAD</b>                      | <b>NAAN</b>  |
|---|--------------------------------|---|--|
| <b>F</b>  | <b>F</b>                       | <b>F</b>                                | <b>F</b>   |
| FLOUR SUGAR YEAST<br>CANOLA OIL SEA SALT<br>TAPIOCA FLOUR EGG<br>TURMERIC EXTRACTS<br>PRESERVATIVES | FLOUR YEAST SALT<br>CANOLA OIL | FLOUR YEAST SALT<br>MALTED BARLEY FLOUR | FLOUR OIL SALT YEAST<br>BAKING POWDER<br>SUGAR PRESERVATIVES |

| <b>GRILLED CHEESE</b>  | <b>BBQ PULLED PORK</b>   | <b>CHICKEN PESTO</b>  | <b>TUNA BANH MI</b>  |
|--|--|---|--|
| <b>F D</b>   | <b>F G</b>   | <b>F G D</b>  | <b>F</b>   |
| BUTTER<br>HOUSE BREAD<br>CHEESE MIX<br>CHEDDAR MIX   | BRIOCHE BUN<br>PULLED PORK<br>HOUSE BBQ SAUCE<br>PICKLED JALAPENOS<br>HICKORY STICKS<br>COLESLAW | CIABATTA<br>ROAST CHICKEN<br>ROASTED PEPPERS<br>PARMESAN<br>GREENS BASIL<br>HOUSE PESTO<br>BALSAMIC SYRUP | CIABATTA<br>SESAME TUNA SALAD<br>PICKLED VEGGIES<br>CUCUMBER GREENS<br>SWEET CHILI SOY<br>CILANTRO |
| <b>DIABLO MIX</b>  | <b>COLESLAW</b>  | <b>ROAST CHICKEN</b>  | <b>SESAME TUNA SALAD</b>   |
| <b>G</b>   |  |   |  |
| CANOLA OIL<br>GROUND PORK<br>CHIPOTLE PUREE<br>RED WINE VINEGAR<br>SMOKED PAPRIKA<br>CHILI POWDER SALT<br>GARLIC POWDER<br>PEPPERS ONION<br>CREAM CHEESE<br>CILANTRO | CABBAGE CARROTS<br>MAYONNAISE<br>APPLE CIDER VINEGAR<br>CELERY SALT                              | CHICKEN BREAST<br>OLIVE OIL<br>PEPPER SALT  | SKIPJACK TUNA<br>MAYONNAISE<br>GREEN ONION<br>FISH SAUCE<br>SESAME OIL                             |
|  | <b>HICKORY STICKS</b>  | <b>PESTO</b>  | <b>PICKLED VEGGIES</b>   |
|  |  | <b>G</b>  |  |
|  | POTATOES SPICES<br>SALT MSG ONION<br>COLOUR FLAVOUR  | OLIVE OIL GARLIC<br>BASIL PARSLEY<br>PUMPKIN SEED<br>LEMON JUICE<br>SALT PEPPER SUGAR                     | DAIKON CARROT<br>RICE VINEGAR<br>WHITE SUGAR   |

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|  |  |   |   |
|--|--|---|---|
| <b>CAESAR DRESSING</b>   | <b>COOKHOUSE DRESSING</b>  | <b>BACON VINAIGRETTE</b>  | <b>BOUILLABAISSÉ</b>  |
| <b>G S</b><br>EGGS GARLIC<br>ANCHOVY CAPERS<br>GREEN ONION PARSLEY<br>DIJON MUSTARD<br>LEMON JUICE<br>WHITE WINE VINEGAR<br>WORCESTERSHIRE<br>OLIVE OIL VEG OIL<br>PEPPER SALT | <b>G</b><br>CANOLA OIL<br>GARLIC ONION<br>FRESH PARSLEY<br>BROWN SUGAR<br>DIJON MUSTARD<br>BALSAMIC VINEGAR<br>RED WINE VINEGAR<br>SALT PEPPER | CANOLA OIL<br>BACON ONION<br>THYME PARSLEY<br>GREEN ONION<br>BROWN SUGAR<br>APPLE CIDER VINEGAR<br>APPLE JUICE<br>SALT PEPPER | <b>S G</b><br>OLIVE OIL<br>ONION GARLIC<br>CARROT FENNEL<br>RED PEPPER<br>WHITE WINE<br>ORANGE JUICE<br>DICED TOMATO<br>TOMATO PASTE<br>FENNEL SEED<br>SAFFRON SALT<br>TARRAGON PARSLEY<br>LOBSTER BASE<br><i>FINISH F G S</i><br>LANGOSTINO<br>SHRIMP MUSSELS<br>HOUSE BREAD CROUTON<br>ROUILLE<br>PARSLEY<br>HERB OIL |
| <b>CAESAR SALAD</b>  | <b>BISTRO SALAD</b>  | <b>FAB SALAD</b>  |   |
| <b>F G S</b><br>KALE PANGRATATTA<br>PARMESAN<br>PARSLEY LEMON  | <b>G</b><br>GREENS CUCUMBER<br>ONION TOMATO<br>QUINOA PARSLEY  | <b>D</b><br>GREENS APPLE BACON<br>ONION PARSLEY<br>FETA CHEESE  |   |

|  |  |   |  |
|--|--|---|--|
| <b>JAMBALAYA</b>   | <b>BUTTER CHICKEN</b>  | <b>BOURGUIGNON</b>  | <b>KENTUCKY BURGOO</b>   |
| <b>G S F</b><br>CHICKEN BREAST<br>SMOKED SAUSAGE<br>VEG OIL GARLIC<br>ONION CELERY<br>BELL PEPPERS OKRA<br>DICED TOMATOES<br>TOMATO PASTE<br>CHICKEN STOCK<br>SALT PEPPER<br>PAPRIKA THYME<br>OREGANO ALLSPICE<br>CAYENNE<br><i>FINISH S</i><br>BASMATI RICE PRAWNS<br>HERB OIL CHIVES | <b>G D</b><br>CHICKEN BREAST<br>GARAM MASALA<br>BUTTER ONION<br>GINGER GARLIC<br>CAULIFLOWER VEG OIL<br>FENUGREEK PAPRIKA<br>TOMATOES TOMATO PASTE<br>CHICKEN STOCK<br>SUGAR SALT<br>CREAM CILANTRO<br><i>FINISH F</i><br>BASMATI RICE<br>NAAN MANGO CHUTNEY<br>CREAM CILANTRO | <b>G</b><br>BEEF DICED<br>SALT PEPPER<br>RED WINE<br>BEEF STOCK<br>CARROTS<br>BUTTON MUSHROOM<br>PEARL ONIONS<br>CANOLA OIL<br>WHITE ONION<br>GARLIC CELERY<br>TOMATO PASTE<br>POTATO STARCH<br>THYME<br>BAY LEAF<br>PARSLEY<br><i>FINISH D</i><br>MASHED POTATOES<br>BACON PARSLEY<br>HERB OIL | <b>G</b><br>ONION CELERY<br>RUTABEGA GARLIC<br>DICED TOMATO<br>TOMATO PASTE<br>VEG STOCK<br>MOLASSES<br>RED WINE VINEGAR<br>BRWN SUGAR<br>CHILI POWDER<br>CHIPOTLE PUREE<br>SMOKED PAPRIKA<br>THYME OREGANO<br>SALT PEPPER<br>BEANS CORN OKRA<br>KALE PARSLEY<br><i>FINISH D F</i><br>BISCUITS<br>CHEDDAR MIX<br>HERB OIL CHIVES |
| <b>SMOKED SAUSAGE</b>  | <b>MANGO CHUTNEY</b>   |   |  |
| PORK SALT SPICES<br>BROWN SUGAR SMOKE  | MANGOS VINEGAR<br>SUGAR SALT SPICES  |   |  |

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|   |   |  |   |
|---|---|--|---|
| <b>MAC &amp; CHEESE</b>   | <b>LOBSTER MAC &amp; CHEESE</b>                               | <b>CHEESE MIX</b>  | <b>FRENCH ONION</b>   |
| <b>D F</b>  | <b>D F</b>  | <b>D</b>   | <b>G</b>  |
| CAVATAPPI VEG OIL<br>CREAM MILK ONION<br>NUTMEG PAPRIKA<br>SALT PEPPER<br>BUTTER FLOUR<br>CHEDDAR MIX | MAC & CHEESE<br>LOBSTER<br>LANGOSTINO<br>HERB BUTTER<br>LEMON | MOZZARELLA<br>DOMESTIC SWISS                                     | ONION GARLIC<br>RED WINE VEG OIL<br>BEEF BROTH<br>SALT PEPPER |
| <b>FINISH</b>   | <b>FINISH</b>   | <b>CHEDDAR MIX</b>   | <b>FINISH F</b>   |
| CHEDDAR MIX<br>PANGRATATTA  | CHEDDAR MIX<br>PANGRATATTA<br>LEMON PARSLEY                   | <b>D</b><br>MOZZARELLA<br>EXTRA OLD CHEDDAR                      | BREAD<br>CHEESE MIX   |
| <b>CARNITAS STYLE</b>   |   | <b>PANGRATATTA</b>   | <b>MASHED POTATOES</b>  |
| <b>G TG*</b>  |   | <b>F G</b>   | <b>D</b>  |
| PULLED PORK<br>HOUSE BBQ SAUCE  |   | PANKO BREAD CRUMBS<br>PARSLEY GARLIC<br>SALT PEPPER<br>OLIVE OIL | POTATOES SALT<br>MILK CREAM BUTTER<br>POTASSIUM SORBATE       |
|   |   |  | <b>FINISH</b>   |
|   |   |  | BUTTER CHIVES   |

|  |   |   |  |
|--|---|---|--|
| <b>VEGETABLE STOCK</b>   | <b>CHICKEN STOCK</b>  | <b>BEEF STOCK</b>   | <b>LOBSTER BASE</b>  |
| <i>Note - all soups and stews finished with light veg stock</i>  |   |   | <b>D S</b>   |
| CARROT / CELERY / ONION<br>CABBAGE / MUSHROOM<br>GARLIC / TOMATO<br>SALT / SUGAR / SPICES<br>YEAST EXTRACT<br>MALTODEXTRIN | CHICKEN BROTH AND FAT<br>CORN STARCH<br>SALT / SUGAR / SPICES<br>YEAST EXTRACT<br>CITRIC ACID / FLAVOUR | BEEF BROTH AND FAT<br>SALT / SUGAR / FLAVOUR<br>ONION POWDER<br>YEAST EXTRACT<br>MALTODEXTRIN | LOBSTER TOMATO<br>ONION GARLIC CELERY<br>COD OIL MILK CORN<br>MUSTARD PAPRIKA<br>SPICES HERBS<br>PRESERVATIVES<br>SALT SUGAR YEAST |

|  |   |  |  |
|--|---|--|--|
|  | <b>CHEESECAKE</b>   |  |  |
|  | <b>D</b>  | <b>MINI DONUTS</b>   |  |
|  | CREAM CHEESE<br>SUGAR CHERRIES<br>VANILLA EXTRACT<br>WHIPPING CREAM<br>CORNSTARCH | <b>F D</b><br>FLOUR SUGAR<br>VEG OIL SOY FLOUR<br>SKIM MILK POWDER<br>EGGS SALT<br>PRESERVATIVES |  |
| <b>CHOCOLATE MOUSSE</b>  | <b>FINISH F</b>   |  |  |
| <b>D</b><br>WHIPPING CREAM<br>CHOCOLATE KAHLUA<br>INSTANT COFFEE | GRAHAM CRUMB  | <b>CARAMEL SAUCE</b>   | <b>ICE CREAM</b>                             |
| <b>FINISH</b>  | <b>GRAHAM CRUMB</b>   | <b>D</b>   | <b>D</b>                                     |
| WHIPPED CREAM  | <b>V D F</b><br>FLOUR OIL SALT<br>HONEY BAKING SODA<br>SUGAR BUTTER               | SUGAR MILK SALT<br>CORN STARCH<br>PRESERVATIVES  | MILK CREAM<br>SUGAR EGG YOLK<br>VANILLA BEAN |